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# 10 ways to be artistically fearless

## checklist

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- 1. HONOR THE CREATIVE PROCESS
  - 2. GET OK WITH MISTAKES AND MESSSES
  - 3. CREATE IN THE MIDDLE OF THINGS
  - 4. CRACK THROUGH EVERYDAY RESISTANCE
  - 5. GET A GRIP ON YOUR MIND
  - 6. INSTITUTE A MORNING CREATIVITY PRACTICE
  - 7. EXPECT RISKS TO FEEL RISKY
  - 8. ERR ON THE SIDE OF COMPLETING
  - 9. LET MEANING TRUMP MOOD
  - 10. GET OVER YOUR FEAR OF REJECTION

Which one of these ten steps will I start with in my  
artistic journey for 2016?